PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

NUTRILITE™ VISION HEALTH – soft gelatin capsules

Each capsule contains the following active ingredients:

Tagetes erecta (L.) (Marigold) ..... 60 mg
providing lutein ..... 12 mg
(flower, 167:222:1 **extract standardized to 4% zeaxanthin**
providing zeaxanthin ..... 2,4 mg
providing 10 g - 13,32 g Quantity Crude Equivalent):
Solanum lycopersicum (L) Tomato) ..... 25 mg
providing lycopene, 400:1 extract standardized to 6%
(fruit oleoresin, 400:1 extract standardized to 6%
lycopene providing 11,28 g Quantity Crude Equivalent)
Zinc gluconate ..... 19,26 mg
providing Zinc ..... 2,2 mg
Bunodiolis solina (L) Green Algae ..... 14,55 mg
providing Beta-carotene ..... 2,500 mcg (208,3 mcg RAE)
(**Vitamin A equivalent**)
Super fat-soluble, standardized to 20% total carotenoids)

D3-K2 Multiple substance formulation
COMPLEMENTARY MEDICINE – HEALTH SUPPLEMENT

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

NUTRILITE™ VISION HEALTH is available without a doctor's prescription for health to maintain your eye health. Nevertheless, you still need to use NUTRILITE™ VISION HEALTH carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share NUTRILITE™ VISION HEALTH with any other person. It may harm them even if their symptoms are the same as your own.
- If you need more information or advice ask your doctor or pharmacist. If you need more information or advice

What is in this leaflet:

1. What NUTRILITE™ VISION HEALTH is and what it is used for
2. What you need to know before you take NUTRILITE™ VISION HEALTH
3. How to take NUTRILITE™ VISION HEALTH
4. Possible side-effects
5. How to store NUTRILITE™ VISION HEALTH
6. Contents of the pack and other information

1. What NUTRILITE™ VISION HEALTH is and what it is used for

NUTRILITE™ VISION HEALTH contains beta-carotene from algae *Dunaliella salina* (L.), lycopene from *Solanum lycopersicum* (L) tomato fruit extract, lutein and zeaxanthin from Tagetes erecta (L.) marigold flower extract and zinc. Beta-carotene is a carotenoid with pro-Vitamin A activity.

NUTRILITE™ VISION HEALTH provides antioxidants lycopene, lutein and zeaxanthin. Antioxidants support maintenance of healthy eyes. Antioxidants help protect the body against the oxidative effect of cell damage caused by free radicals.

NUTRILITE™ VISION HEALTH helps maintain and support normal day and night vision.

The functions of the active substances found in NUTRILITE™ VISION HEALTH:

Vitamin A (beta-carotene)
Helps in the development and maintenance of night vision.
Helps in the development and maintenance of healthy skin.

Lutein and Zeaxanthin
Carotenoids with antioxidant property for maintaining of good eye health.
Helps to maintain and support eyesight in conditions associated with macular degeneration.
Helps to improve macular pigment optical density. Macular pigment optical density is a measure of the density of the macular pigment. High macular pigment optical density is associated with healthy eyes, it is an important measure of vision health.

Lycopene
Carotenoids with antioxidant property for maintaining of good eye health.
Contributes to normal metabolism of Vitamin A.
Contributes to the maintenance of normal vision.

A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance.

2. What you need to know before you take NUTRILITE™ VISION HEALTH

Do not take NUTRILITE™ VISION HEALTH

- If you are hypersensitive (allergic) to any of the ingredients.
- If you are pregnant or breast feeding your baby.
- If you are a smoker or have been a smoker.
- If you have high levels of Vitamin A in your blood (hypervitaminosis A).
- If you have kidney stones or serious kidney problems.
- If you are allergic to the astracease/ compositae (daisy) family.

Warnings and precautions

Take special care with NUTRILITE™ VISION HEALTH. Consult a relevant health care provider prior to use:

- If you are a smoker, pregnant, planning to become pregnant or are breastfeeding.
- If you are a tobacco smoker.
- If you are taking blood thinners.
- If you have cardiovascular disease.
- If you use statins to lower cholesterol.
- If you have osteoporosis.
- If you have liver disease suspected to suffer from prostate cancer.
- If you have liver disease.
- If you have high cholesterol, if you are taking other supplements containing Vitamin A, betacarotene and retinol.

NUTRILITE™ VISION HEALTH is not suitable for use in children. Stop use if hypersensitivity/allergy occurs.

Do not exceed daily dosage level without consulting a relevant health care provider.

Long term use (3 month continuous use) should be under the care of a relevant healthcare provider.

Children and Adolescents

Not suitable for children and adolescents under 18 years of age.

Other medicinals and NUTRILITE™ VISION HEALTH

There is no known interaction of NUTRILITE™ VISION HEALTH and other medicines.

Always tell your health care provider if you are taking any other medicine including all complementary or traditional medicines. This is particularly important if you are taking any of the following medicines as they may interact with NUTRILITE™ VISION HEALTH:

- Combined oral contraceptive pills increase the level of vitamin A in your blood.
- Blood thinners, such as anticoagulants (acenocoumarol, coumadin, dicumarol, heparin, warfarin) and anticoagulants (abciximab, clopidogrel, heparin, warfarin) and nonsteroidal anti-inflammatory medicines (such as ibuprofen, naproxen). The effect of blood thinners and nonsteroidal anti-inflammatory medicines may be increased resulting in longer bleeding time.
- Medicines that reduce fat and cholesterol (for example medicines (cholestyramine and colestipol) may reduce the absorption of vitamins A (beta-carotene) and lutein.
- Excessive alcohol consumption increases the risk of liver damage due to Vitamin A.
- Other supplements containing vitamin A, beta-carotene, retinol, hypervitaminosis A, or vitamin A toxicity, overdosing.
- Vitamin A, beta-carotene, retinol, hypervitaminosis A, or vitamin A toxicity, overdosing.

You should check with doctor, pharmacist, your health care provider if you are unsure.

NUTRILITE™ VISION HEALTH with food, drink and alcohol

NUTRILITE™ VISION HEALTH may be taken at any time of the day, preferably with a meal or as recommended (See Dosing). Take without alcohol.

Pregnancy and breast-feeding

Take NUTRILITE™ VISION HEALTH at least 2 hours before or after you take orlistat.

- If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor or pharmacist or health care provider for advice before taking this complementary medicine.

Safety in pregnancy and breastfeeding has not been established.

Driving and using machines

NUTRILITE™ VISION HEALTH is not expected to influence your ability to drive. However, you should not drive, use machinery, or perform tasks that require concentration until you are certain that NUTRILITE™ VISION HEALTH does not adversely affect your ability to do so safely (See possible Side-effects).

Important information about some of the ingredients of NUTRILITE™ VISION HEALTH:

NUTRILITE™ VISION HEALTH contains sucrose esters and glycerol monostearate. If you have been told by your doctor that you have intolerance to some sugars, contact your doctor before taking NUTRILITE™ VISION HEALTH.

NUTRILITE™ VISION HEALTH Contains beta-carotene may increase the risk of lung cancer in smokers.

3. How to take NUTRILITE™ VISION HEALTH

Always take NUTRILITE™ VISION HEALTH exactly as described in this leaflet or as your doctor or pharmacist. Check with your doctor or pharmacist if you are unsure.

Take one capsule per day with a meal

The usual dose for Adults: Take one capsule per day with a meal containing oil or fat as directed by your health care provider.

Do not exceed the recommended daily dose unless directed by your doctor.

The capsule should be swallowed whole with water.

If you take more NUTRILITE™ VISION HEALTH than you should

If you have taken too many capsules, tell your doctor or pharmacist. If neither is available, contact the nearest hospital or poison center.

If you forget to take NUTRILITE™ VISION HEALTH

Do not take a double dose to make up for forgotten individual doses.

4. Possible side-effects

NUTRILITE™ VISION HEALTH can have side effects.

Not all side effects reported for NUTRILITE™ VISION HEALTH are included in this leaflet. Should your general health worsen or if you have any unexpected side effects while taking NUTRILITE™ VISION HEALTH, please consult your health care provider for advice. Stop taking this medicine immediately and consult your doctor if you suffer an allergic reaction after taking this NUTRILITE™ VISION HEALTH. If you experience any of the following you should see your doctor or pharmacist:

- Diarrhoea
- Stomach cramps
- Nausea (feeling sick) and vomiting (being sick)
- Flushing or redness of the skin
- Headache
- Haemolytic anaemia (where the body's immune system attacks its own red blood cells), signs may include fatigue and paleness.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

If any of the following happens, stop taking NUTRILITE™ VISION HEALTH and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of your hands, feet, ankles, face, mouth, or throat, which may cause difficulty in swallowing or breathing.
- Rash or itching
- Fainting.
- Yellowing of your skin and eyes, also called jaundice.

You may have had a serious allergic reaction. You may need urgent medical attention or hospitalisation. Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- Chest pain
- angina
- Changes in the way your heart beats, for example if you notice it beating faster, difficulty breathing.
- Signs of recurrent infections such as fever or sore throat,
- less urine than is normal for you,

These are all serious side effects. You may need urgent medical attention. Tell your doctor as soon as possible if you notice any of the following:

- nausea
- abdominal cramps or stomach pains,
- headache,
- dizziness,
- tiredness,
- light-headedness,
- dry cough,
- muscle cramps,
- flatulence or wind,
- diarrhoea,
- loss of appetite.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side-effects

If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting form", found online under SAHPRA publications: SAHPRA via the "6.04 Adverse Drug Reaction Reporting form", https://www.sahpra.org.za/Publications/Medicines-(8)

Botswana's publications: BOMRA via Suspected Adverse Drug Reactions Reporting form,

https://www.bomra.co.bw/index.php/suspected-adverse-drug-reactions-reporting-form

Namibia's publication: Adverse Medicine Reaction (Safety Notice) Form, https://mrc.gov.na/documents/18504/10067/Safety+Notice+Form.pdf/6cb9f34-3c16-dba3-7ec1-50831fab3b

May also report to Amway South Africa Pty Limited using the following email: Regulatory_Department@amway.com.

By reporting side effects, you can help provide more information on the safety of NUTRILITE™ VISION HEALTH.

5. How to store NUTRILITE™ VISION HEALTH

Store all medicines out of the reach and sight of children.

Keep the container tightly closed.

Keep the container in the original pack. Store in the original container. Store at or below 25°C.

Do not use NUTRILITE™ VISION HEALTH after the expiry date stated on the label.

The expiry date refers to the last day of that month. Do not use NUTRILITE™ VISION HEALTH. If you notice the soft gelatin capsules have changed shape or colour.

Disposal of NUTRILITE™ VISION HEALTH

Return all unused medicines to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What NUTRILITE™ VISION HEALTH contains

The active substances are beta carotene, lutein, lycopene, zeaxanthin and zinc.

The other ingredients are sunflower oil, sunflower lecithin, olive oil, mixed tocopherols, beta-carotene (colour), ascorbic acid, hydroxypropyl methylcellulose, sucrose esters (E473).

The capsule shell contains bovine gelatin, glycerol, purified water, candellila wax.

What NUTRILITE™ VISION HEALTH looks like and contents of the pack

Orange, oval shaped soft gelatin capsule containing an opaque dark orange coloured liquid.

Soft gelatin capsule size (6) length 0.448 inches and width 0.256 inches.

It is available in white HD polyethylene container with lift-off tamper-proof seal and re-sealable flip-top closure containing 60 soft gelatin capsules.

Registration Number

This product has not yet been allocated by the regulatory authority.

Name and Address of Applicant/Holder of Certificate of Registration

Amway South Africa Pty Limited, Unit B1, 33 Brussels Road, Spartan, Iando 1619.

Date of Publication: To be allocated by the regulatory authority.

Access to the corresponding Professional Information: www.Amway.co.za

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ARTWORK LEGEND

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PASIËNTINLIGTINGSTUK

SKEDULERINGSTATUS S0

NUTRILITE™ VISION HEALTH – sagte gelatien kapsules
Elke sagte gelatien kapsule bevat:
***Tagetes erecta* (L.) (Goudsbloem) ..... 60 mg**
wat luteïen verskaf..... 12 mg
wat zeaxantien verskaf..... 2,4 mg
(blom, 167-222:1 gestandardiseerde ekstrak 20% luteïen en 4% zeaxantien wat 10 g -13,32 g Hoeveelheid Ru Ekwivalent verskaf)
***Solanum lycopersicum* (L)(Tamatie)..... 25 mg**
wat likopeen verskaf ..... 1,5 mg
(vrug oliehars, 400:1 gestandardiseerde ekstrak 6% likopeen wat 11,38 g Hoeveelheid Ru Ekwivalent verskaf).
Sink glukonaat .....19,26 mg
wat Sink verskaf ..... 2,2 mg
***Dunaliella salina* (L) (Groen alge)..... 14,55 mg**
wat Betakaroteen verskaf.....2500 mcg (208,3 mcg RAE)
(heel alge, gestandaardiseer tot 20% karotenoïede)
Suiker vry

D34.12 Veelvuldige stof formule

KOMPLEMENTÊRE MEDISYNE – GESONDHEIDSAANVULLING

Lees hierdie hele inligtingstuk sorgvuldig aangesien dit belangrike inligting vir jou bevat.

Hierdie ongeregistreerde medisyne is nie geëvalueer deur SAHPRA vir die kwaliteit, veiligheid of beoogde gebruik nie.

NUTRILITE™ VISION HEALTH is beskikbaar sonder 'n dokter's voorskrif vir gesondheid om jou oë gesondheid te handhaaf. Nietemin, moet jy egter steeds NUTRILITE™ VISION HEALTH versigtig gebruik om die beste resultate daarvan te kry.
- Hou hierdie inligtingstuk. Dit mag nodig wees dat jy dit weer moet lees.
- Moet nie NUTRILITE™ VISION HEALTH met enige person deel nie.
- Vra jou gesondheidswerker of apteker indien jy meer inligting of advies benodig.

Wat is in hierdie pamflet:
1. Wat NUTRILITE™ VISION HEALTH is en waarvoor dit gebruik word
2. Wat jy moet weet voordat jy NUTRILITE™ VISION HEALTH neem
3. Hoe om NUTRILITE™ VISION HEALTH te gebruik
4. Moontlike newe effekte
5. Hoe om NUTRILITE™ VISION HEALTH te stoor
6. Inhoud van die verpakking en ander inligting

1. Wat NUTRILITE™ VISION HEALTH is en waarvoor dit gebruik word?

NUTRILITE™ VISION HEALTH bevat betakaroteen van alge *Dunaliella salina* (L), likopeen van *Solanum lycopersicum* (L) tamatie vrug ekstrak, luteïen and zeaxantien van *Tagetes erecta* (L.) goudsbloem blom ekstrak en sink.
Betakaroteen is 'n karotenoïed met pro-vitamiene A aktiwiteit.
NUTRILITE™ VISION HEALTH verskaf antioksidante likopeen, luteïen en zeaxantien. Antioksidante verskaf ondersteuning vir goeie oë gesondheid. Antioksidante help selle weg teen die oksidatiewe effek van sel beskadiging veroorsaak deur vrye radikale.
NUTRILITE™ VISION HEALTH help om normale dag en nag visie te handhaaf en ondersteun.
Die funksies van die aktiewe bestanddele word bevind in NUTRILITE™ VISION HEALTH:

Vitamiene A (Betakaroteen)
Help sig handhaaf.
Help in die ontwikkeling en handhawing van nagvisie.
Help goeie vitamiene A vlakke onderhou.

Luteïen and Zeaxantien
Karotenoïedes met antioksidante eienskappe vir die handhawing van goeie oë gesondheid
Help om sig te ondersteun en handhaaf in kondisies geassosieër met sonlig skade.
Help om makulêre pigment optiese digtheid te verbeter. Makulêre pigment optiese digtheid is 'n maatstaf van digtheid van die makulêre pigment. Hoë makulêre pigment optiese digtheid word geassosieër met gesonde oë, en is 'n belangrike maatstaf vir visie gesondheid.

Likopeen
Karotenoïedes met antioksidante eienskappe vir die handhawing van goeie oë gesondheid.

Sink
Dra by tot die normale metabolisme van Vitamiene A.
Dra by tot die handhawing van normale visie.

''n Gevarieerde dieet is die doeltreffendste en veilige maniere om goeie voeding, gesondheid, liggaamsamestelling sowel as geestelijk en fysieke te bereik optrede".

2. Wat jy moet weet voordat jy NUTRILITE™ VISION HEALTH neem

Moenie NUTRILITE™ VISION HEALTH gebruik
- As jy hipersensitief (allergies) vir enige van die bestanddele is nie (Gelys onder afdeling 6.0)
- Indien jy swanger is of jou baba borsvoed.
- Indien jy hoë vlakke vitamiene A in jou bloed het (hipervitaminose A)
- Indien jy nierstene of ernstige nier probleme het.
- Indien jy allergies is vir die asteraceae/ compositae (Madeliefie) familie.
- Indien jy allergies is vir die solanaceae familie.

Waarskuwings en voorsorgmaatreëls
Neem spesiale sorg met NUTRILITE™ VISION HEALTH. Raadpleeg jou gesondheidsorgwerker voor gebruik:
- Indien jy swanger is, beplan om swanger te raak of borsvoed ,
- Indien jy 'n roker is,
- Indien jy bloedverdunners neem,
- Indien jy kardiovaskulêre siekte het,
- Indien jy statiene gebruik om jou cholesterol te verlaag,
- Indien jy osteoporose het,
- Indien jy gediagnoseer was of daar 'n vermoede is jy aan prostaat kanker lei,
- Indien jy lewersiekte het,
- Indien jy ander aanvullings neem wat vitamiene A bevat, betakaroteen en retinol.

NUTRILITE™ VISION HEALTH is nie geskik vir gebruik in kinders nie.
Stop gebruik indien hipersensitiwiteit/allergie ê voorkom.
Moet nie die daaglikse vlak oorskry sonder om met jou gesondheidsorgwerker te raadpleeg nie.
Lang termyn gebruik (3-maande aaneenlopende gebruik) moet onder die sorg van jou gesondheidsorgwerker plaasvind.

Kinders en Adolessente
NUTRILITE™ VISION HEALTH is nie geskik vir kinders of adolessente onder die ouderdom van 18 jaar nie.

Ander medisyne en NUTRILITE™ VISION HEALTH
Daar is geen bekende interaksie van NUTRILITE™ VISION HEALTH en ander medisyne nie.
Vertel altyd jou gesondheidverskaffer indien jy enige ander medisyne neem insluitende komplementêre en tradisionele medisyne. Dit is veral belangrik as u een van die volgende neem:
- Kontrasseptiewe pille verhoog die vlakke van vitamiene A in jou bloed.
- Bloedverdunners soos teenplaatjies (soos aspirien), antikoagulante (abciximab, klopidogrel, heparien, warfarien) en nie-steroïed anti-inflammatoriese medisyne (soos ibuprofeen, naproksen).

Die effek van bloedverdunners en nie-steroïed anti-inflammatoriese medisyne kan verhoog en lei tot langer bloedingstye.
- Betakaroteen kan die effek van statiene verminder (soos simvastatien, atorvastatien).
- Orlistat (Xenical) 'n gewigsverlies medisyne, kan die absorpsie van betakaroteen (vitamiene A) en luteïen verlaag, met ander woorde jou liggaam kry minder betakaroteen.
- Langdurige gebruik van alkohol kan interaksie hê met betakaroteen, verhoog die risiko van lewerskade.
- Lakseermiddels (soos paraffien olie) en cholesterol verlagende medisyne (cholestiramien en colestipol) kan die absorpsie van vitamiene A (betakaroteen) en luteïen verlaag.
- Oormatige alkohol verbruik kan lei tot verhoogde risiko van lewerskade as gevolg van vitamiene A
- Ander aanvullings wat vitamiene A, betakaroteen en retinol bevat. Hipervitaminose A, of vitamiene A toksisiteit, kom voor wanneer te veel vitamiene A in die liggaam is.

Raadpleeg jou dokter, apteker of jou gesondheidsorgwerker indien jy nie seker is nie.

NUTRILITE™ VISION HEALTH saam met voedsel, drank en alkohol
NUTRILITE™ VISION HEALTH mag enige tyd van die dag geneem word, verkieslik met 'n maaltyd of soos aanbeveel (Sien Afdeling 3) sonder alkohol.
Neem NUTRILITE™ VISION HEALTH ten minste 2 ure voor of nadat jy orlistat geneem het.

Swangerskap, borsvoeding en vrugbaarheid
Indien jy swanger is of borsvoed, of dink dat jy swanger is of beplan om swanger te raak, raadpleeg asseblief jou gesondheidswerker vir advies voordat jy hierdie komplementêre medisyne neem.
Veiligheid in swangerskap is nog nie vasgestel nie.

Bestuur en gebruik van masjinerie
NUTRILITE™ VISION HEALTH word nie verwag om jou vermoë om te bestuur te beïnvloed nie. Alhoewel, jy moet nie bestuur, masjinerie gebruik of take verrig wat konsentrasie vereis totdat jy seker is dat NUTRILITE™ VISION HEALTH die vermoë daarvan nadelig beïnvloed nie (Sien Moontlike Newe effekte in afdeling 4).

Belangrike inligting oor sommige van die bestanddele in NUTRILITE™ VISION HEALTH:
NUTRILITE™ VISION HEALTH Bevat sukrose esters en gliserol wat 'n effek kan hê op jou bloedsuiker indien jy diabeter mellitus het. Indien jy deur jou dokter vertel is dat jy intolerant is tot sommige suikers, kontak jou dokter voor jy NUTRILITE™ VISION HEALTH neem.
NUTRILITE™ VISION HEALTH Bevat betakaroteen en kan die risiko tot longkanker in rokers verhoog.

3. Hoe om NUTRILITE™ VISION HEALTH te neem

Neem NUTRILITE™ VISION HEALTH altyd presies soos aangedui op die pamflet of soos deur jou dokter of apteker aangedui. Raadpleeg jou dokter, apteker of verpleegster indien jy nie seker is nie.
Die gewone dosis vir Volwassenes: Neem een kapsule per dag, saam met 'n maaltyd wat olie/vet bevat of soos aanbeveel deur jou gesondheidsorgverskaffer.
Moenie die aanbevole daaglikse dosis oorskry nie behalwe soos deur jou dokter aanbeveel.
Die kapsule moet heel gesluk word met water.

As jy meer NUTRILITE™ VISION HEALTH geneem het as wat jy moet
In geval van 'n oordosis, raadpleeg jou dokter of apteker. As daar nie een beskikbaar is nie, kontak die naaste hospital of vergiftingssentrum.

As jy vergeet het om NUTRILITE™ VISION HEALTH te neem
Moenie 'n dubbele dosis neem om die vergete dosis in te haal nie.

4. Moontlike newe effekte

NUTRILITE™ VISION HEALTH kan newe effekte hê.
Nie al die newe effekte is gerapporteer van NUTRILITE™ VISION HEALTH en ingesluit in hierdie pamflet nie. Indien jou algemene gesondheid agteruitgaan of as jy enige onnodige effekte ondervind terwyl jy NUTRILITE™ VISION HEALTH gebruik, kontak asseblief jou dokter, apteker of ander gesondheidswerker vir advies. Staak onmiddellik om hierdie medisyne te gebruik en raadpleeg u dokter as u 'n allergiese reaksie het nadat u hierdie NUTRILITE™ VISION HEALTH. Raadpleeg u dokter of apteker as u een van die volgende ondervind:
- Diarree
- Maagkrampe
- naarheid (braking) en braking (naarheid)
- Hitte gloede of rooiheid van die vel
- Hoofpyn
- Hemolitiese bloedarmoede (waar die immuunstelsel van die liggaam sy eie rooibloedselle aanval), tekens kan moegheid en bleekheid insluit.

As u enige newe -effekte opmerk wat nie in hierdie pamflet genoem word nie, moet u u dokter of apteker daarvan in kennis stel. As een van die volgende voorkom, moet u ophou om NUTRILITETM VISION HEALTH te neem en dit onmiddellik aan u dokter te vertel of na die naaste noodafdeling te gaan:
- swelling van u hande, voete, enkels, gesig, mond of keel, wat probleme met sluk of asemhaling kan veroorsaak.
- uitslag of jeuk.
- flouheid of beswyking.
- vergeling van jou vel en oë, ook geelsug genoem.

Dit is alles baie ernstige newe -effekte. As u dit het, het u moontlik 'n ernstige allergiese reaksie gehad. U benodig dringend mediese aandag of hospitalasie. Vertel u dokter onmiddellik of gaan na die noodafdeling van u naaste hospitaal as u een van die volgende opmerk:
- borskaspyn
- angina
- verandering in die manier waarop u hart klop, byvoorbeeld as u sien dat dit vinniger klop, asemhalingsprobleme,
- tekens van herhalende infeksies soos koors of keelseer,
- minder Urine as normaal vir u,

Dit is alles ernstige newe -effekte. Miskien het u dringende mediese aandag nodig. Vertel u dokter so gou as moontlik as u een van die volgende opmerk:
- naarheid
- maagkrampe of maagpyn,
- hoofpyn,
- duiselligheid,
- moegheid,
- lighoofdigheid,
- droë hoes,
- spierkrampe,
- winderigheid of wind,
- diarree,
- verlies van eetlus.

As u enige newe -effekte opmerk wat nie in hierdie pamflet genoem word nie, moet u u dokter of apteker daarvan in kennis stel.

Rapportering van newe effekte
Praat met jou dokter, apteker of verpleegster as jy newe effekte ervaar. Jy kan ook newe effekte by SAHPRA aanmeld: SAHPRA publikasies: SAHPRA via die "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind kan word https://www.sahpra.org.za/Publications/Index/8.
Botswana publikasies: https://www.bomra.co.bw/index.php/services/patient-safety-monitoring.
Namibia publikasies: Rapporteer vorm vir ongewenste geneesmiddelreaksies (Veiligheidsgeel vorm) https://nmrc.gov.na/documents/81630/410067/Safety+Yellow+Form.pdf/8cbbf343-3cf8-dba3-7ec1-50b881fdab26.

Mag ook aan Amway South Africa Pty Limited rapporteer deur die volgende e-pos te gebruik: Regulatory_Department@Amway.com.
Deur newe effekte te rapporteer, kan jy help om meer inligting te verskaf te noor die veiligheid van NUTRILITE™ VISION HEALTH.

5. Hoe om NUTRILITE™ VISION HEALTH te stoor

Stoor alle medisyne buite die bereik en sig van kinders. Stoor alle medisyne buite die bereik van kinders. Stoor in die oorspronklike verpakking/houer. Stoor teen of benede 25°C. Hou die houer dig toe en beskerm teen sonlig, hitte en vog. Moenie NUTRILITE™ VISION HEALTH gebruik na die vervaldatum op die etiket nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie NUTRILITE™ VISION HEALTH gebruik, indien die tablette van kleur of vorm verander het nie.

Wegdoening van NUTRILITE™ VISION HEALTH
Neem alle ongebruikte medisyne terug na u apteker. Moenie ongebruikte medisyne in dreine of rioolsisteme (bv.toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting

Wat NUTRILITE™ VISION HEALTH bevat
Die aktiewe bestanddele is betakaroteen, luteïen likopeen, zeaxantien en sink.
Die ander bestanddele is sonneblom olie, sonneblom legitien, olyfolie, gemengde tokoferole, betakaroteen (colour), askorbien suur, hidroksiepropiel metielsellulose, sukrose esters (E473).
Die kapsule dop bevat vark gelatien, gliserol, gesuiwerde water, kandelilla was.

Hoe NUTRILITE™ VISION HEALTH lyk en die inhoud van die houer
Oranje, ovaalvormige sagte gelatien kapsule wat 'n ondeursigtige donker oranje vloeistof bevat.
Sagte gelatien kapsule grootte (6) lengte 0.448 duim en breedte 0.256 duim.
Dit is beskikbaar in wit HD poliëtileen houers met 'n oplig aftrekbare peuterbestande seël en 'n wit herseelbare peuterbestande doppie wat 60 sagte gelatien kapsules bevat.

Registrasie Nommer
Hierdie produk is nog nie deur plaaslike owerheid geevalueer nie.

Naam en besigheidsadres van die houer van die registrasiesertifikaat
Amway Suid Afrika (Edms) Beperk, Eenheid B1, Brussels weg 33, Spartan, Isando 1619.

Datum van Publikasie Moet toegedien word deur die plaaslike owerheid.

Toegang tot die ooreenstemmende Professionele inligting www.Amway.co.za

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